



Tropical Yogurt “Smopsicle”

1. Combine all ingredients in blender
2. Puree until smooth
3. Pour mixture into popsicle molds; freeze until it sets



California Parsley Flakes

Ingredients as Prepared	Ounces	Percent
Banana	9.17	33.33
Greek Yogurt	7.05	25.64
Kiwi	5.29	19.23
Pineapple Juice	4.94	17.95
SNI Parsley Powder	0.71	2.56
Sugar	0.35	1.28
Total	27.51	100